

Montagnac / Agde

Grande Traversée du Massif Central Gravel



Départ
Montagnac

Arrivée
Agde

Durée
5 h 00 min

Distance
60,31 Km

Niveau
Average

Thématique
Wine, Cultural heritage

The final stage on the GTMC Gravel route offers some nice surprises. The first part of this stage is enjoyable as well as beautiful, taking you from Montagnac to Castelnau-de-Guers. You'll ride along lovely paths, between pine woods and vines, with views to the Etang de Thau lagoon on one side and the Mediterranean on the other. The GTMC adopts part of a local route entitled "Terroir d'Art et de Nature de Montagnac", dotted with sculptures and statues. It's then a very gentle ride along vineyard paths, quiet country roads, and cycle tracks. You can take your time now, taking in the vine-covered terrain and the ancient city of Agde, crossed by the Canal du Midi, before you join the Med along the only stretch of volcanic shoreline in the Languedoc.

Between Montagnac and Castelnau-de-Guers, the route alternates between smooth-rolling tracks and enjoyable, sometimes technically demanding paths. Avoid a particularly technically challenging section at the level of the Trou du Renard by going along the road. The final part of the route is easy, leading you sometimes through vineyards, sometimes on roads, sometimes beside the Canal du Midi, or then the Hérault River around Agde. Well-laid-out cycle lanes allow you to cross the resort of Cap d'Agde rapidly to finish at the true cape, looking down on the beaches of Grande Conque and La Plagette.

- Voie cyclable
- Liaisons
- Sur route
- Alternatives
- Parcours VTT
- Parcours provisoire

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