

Montsauche-les-Settons / Anost

Grande Traversée du Massif Central Gravel



The natural scenery changes on this stage of the GTMC Gravel as you pick up altitude. All along the way, enjoy the lovely 'windows' onto the surrounding landscapes of the Morvan Central area, with its green hills. The route continues through pine forests, with Douglas firs and spruce growing alongside the inevitable Christmas trees! In the centre of Ouroux, just 150m from the church, don't miss the viewing point belvedere. From here, admire the panorama across to the Morvan's largest lake, the Lac de Pannecière Chaumard.

The start of this stage doesn't present any difficulties. There then follow some healthy climbs followed by short descents, not allowing you much breathing space. The latter part of the stage is more challenging, with more significant shifts in altitude and rapid descents.

You mainly follow the classic GTMC VTT mountain-biking cycle route, except along a few stretches. While this stage is perfectly suited to gravel bikes, a few spots do require care, notably after the Étang Pinsot (a lake).

Départ
Montsauche-les-Settons

Arrivée
Anost

Durée
5 h 00 min

Distance
53,86 Km

Thématique
Forest, Lakes and
rivers, Natural parc

Voie cyclable
Liaisons
Départ Sur route
Montsauche-les-Settons
Alternative
Parcours VTT
Parcours provisoire

Arrivée
Anost