

Ruynes-en-Margeride / Domaine du Sauvage

Grande Traversée du Massif Central Gravel



After Ruynes en Margeride, tackle the slopes up to Trailus. After that, you have to climb to the Col du Signal. The reward is a path along the crests that allows for more comfortable riding, leading you to the summit of Mont Mouchet (1,497m above sea level), renowned for its links with the French Resistance in World War II. You now enter the French county of Haute-Loire, descending to Paulhac en Margeride, in the next county of Lozère. The forest tracks cutting through these wooded, granite parts lead to the Domaine du Sauvage, a Knights Templar estate in medieval times and a significant stopping point on the Santiago de Compostela pilgrimage route.

Leaving Ruynes-en-Margeride, you cycle along a minor road up to a spot named Le Mût, then continue along the main GTMC VTT mountain-bike route up to the Signal de Margeride. Comfortable paths guide you to La Croix de la Donne with its delightful views. You need to cycle along a short stretch of road to reach the Musée du Mont Mouchet. Smooth trails alternating between forest and open spaces lead you to the summit of Mont Mouchet, where there's a viewing table to explain the panorama in front of you. On gravel bike, you need to return down via the same tracks, to avoid an overly-rocky descent. Next, enjoy the steep, fast ride down to Paulhac en Margeride, followed by broad tracks through pine woods and meadows to Chanaleilles. To continue to Chazeau, there's a short stretch on a road that isn't quite as flat as it seems. Finally, share the GR64 hiking trail through forest to reach the Domaine du Sauvage.

Départ
Ruynes-en-Margeride








Arrivée
Domaine du Sauvage

Durée
5 h 00 min

Distance
50,58 Km

Niveau
Hard

Thématique
Forest, Panoramic view,
Cultural heritage

 Voie cyclable
 Liaisons
Départ  Sur route
  Alternatives
 Parcours VTT
 Parcours provisoire

Ruynes-en-Margeride

Arrivée
Domaine du Sauvage